

August 2019

Moreland Hills Elementary School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know?

When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus.

5

6

7

1

2

12

13

14

15

16

19

20

21

22

23

****Walking Taco w/
Doritos
Refried Beans
Salsa
Assorted Fruit Choice
Milk Choice**

****Macaroni n Cheese
**Cookie
Seasoned Broccoli
Assorted Fruit Choice
Milk Choice**

****Chicken Nuggets w/
Pretzel Rod
BBQ Sauce
Seasoned Corn
Assorted Fruit Choice
Milk Choice**

**Pizza Hut Pizza
Pepperoni or Cheese
Romaine Salad
w/Dressing
Assorted Fruit Choice
Milk Choice**

26

27

28

29

30

****Corn Dog
Ketchup/Mustard
Baked Beans
Assorted Fruit Choice
Milk Choice**

****Popcorn Chicken w/
Breadstick
Steamed Carrots
Assorted Fruit Choice
Milk Choice**

****Sloppy Joe on
Bun
Tator Tots
Ketchup
Assorted Fruit Choice
Milk Choice**

**Tangerine Chicken
w/ Rice
**Fortune Cookie
Seasoned Broccoli
Assorted Fruit Choice
Milk Choice**

****Pepperoni or
Cheese Pizza
Romaine Salad w/
Dressing
Assorted Fruit Choice
Milk Choice**

A La Carte

Daily Entrée Offerings:

- **Turkey n Cheese Sand.
- **PB&J w/ Cheese stick and Goldfish Cracker
- **Chef Salad w/ Goldfish
- **Yogurt Parfait

Daily Fruit and Vegetable Bar Offerings:

- Apples
 - Oranges
 - Raisins
 - Celery Sticks
 - Romaine Lettuce
 - Shredded Carrots
 - Cucumbers
 - Cherry Tomatoes
 - Baby Carrots
 - ** Denotes Whole Grain Product
- Milk Choices:**
1% White, 1% Chocolate, Fat Free Strawberry

School News

Lunch: \$3.00 Reduced: \$.40

Offer vs Serve: Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

Cindy Alekna SNS
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