

August 2019

Brady Middle and Orange High School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know?

When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus.

5

6

7

8

9

12

13

14

15

16

19

20

21

22

23

****Walking Taco w/ Doritos
Spanish Rice
Refried Beans
Salsa
Assorted Fruit Choice
Milk Choice**

****BBQ Beef Rib Sandwich
Seasoned Broccoli
Assorted Fruit Choice
Milk Choice**

****Chicken Tenders w/ Pretzel Rod
BBQ Sauce
Steamed Carrots
Assorted Fruit Choice
Milk Choice**

**Pizza Hut Pizza
Pepperoni or Cheese
Romaine Salad
w/Dressing
Assorted Fruit Choice
Milk Choice**

26

27

28

29

30

****Mozzarella Sticks w/ Marinara Sauce
Steamed Broccoli
Assorted Fruit Choice
Milk Choice**

****Grilled Chicken on Pretzel Roll
Lettuce/Tomato
Seasoned Corn
Assorted Fruit Choice
Milk Choice**

****Sloppy Joe on Bun
Baked beans
Assorted Fruit Choice
Milk Choice**

****Sweet and Sour Chicken w/ Rice
**Fortune Cookie
Steamed Pea Pods
Assorted Fruit Choice
Milk Choice**

****Double Stuff Pepperoni Pizza or Cheesy Garlic Flatbread
Romaine Salad w/ Dressing
Assorted Fruit Choice
Milk Choice**

A La Carte

Daily Entrée Offerings:

- **Turkey n Cheese Sand.
- **PB&J w/ Cheese stick and Goldfish Cracker
- **Chef Salad w/ Goldfish
- ** Veggie Burger
- **Yogurt Parfait

MWF- Crispy/Spicy Chicken Sandwich

T TH- Cheeseburger/Hamburger

Daily Fruit and Vegetable Offerings:

- Apples
- Oranges
- Raisins
- Assorted Canned Fruit
- Applesauce Cups
- Baby Carrots w/ Hummus

** Denotes Whole Grain Product

Milk Choices: 1% Chocolate, FF Strawberry, 1% White

School News

*BMS Lunch \$3.20
OHS Lunch \$3.25
Reduced: \$.40*

Offer vs Serve: Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

Cindy Alekna SNS, Food Service Supervisor
216-831-8600 ext. 2261
calekna@orangecsd.org

This institution is an equal opportunity provider.