

# December 2020

## Orange Schools Remote and Hybrid Menu

### LUNCH



**\*\* denotes whole grain products**  
 Meals are at no cost to all students  
Menus are subject to change due to availability  
*This institution is an equal opportunity employer*



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



Reference: USDA MyPlate

### Monday

**\*\*\*Daily ALT entrée is PB&J Uncrustable**



### Tuesday

### Wednesday

### Thursday

### Friday

Turkey Italian Combo Wrap  
 Veggies w/ Dip  
 \*\*Granola Bar  
 Fresh Fruit/Fruit Cup  
 Milk **1**

\*\*Yogurt Parfait w/ Granola  
 Veggies w/ Dip  
 \*\*Cheddar Goldfish Crackers  
 Fresh Fruit  
 Milk **2**

\*\*Breakfast Lunch Pack (Hard Boiled egg, Muffin, string Cheese)  
 Veggies w/ Dip  
 \*\*Cinnamon Goldfish Cracker  
 Fresh Fruit/Fruit Cup  
 Milk **3**

\*\*Pizza Lunch Pack  
 Veggies w/ Dip  
 \*\*Granola Bar  
 Fresh Fruit/Fruit Cup  
 Milk **4**

\*\*Turkey n Cheese Lunch Pack  
 Baby Carrots w/ Dip  
 \*\*WG Cookie  
 Fresh Fruit/Fruit Cup  
 Milk **7**

\*\*Turkey Italian Sandwich  
 Veggies w/ Dip  
 \*\*WG Cheezits  
 Fresh Fruit/Fruit Cup  
 Milk **8**

\*\*Turkey and Cheese on Bun  
 Veggies w/ Dip  
 \*\*Cereal Bar  
 Fresh Fruit/Fruit Cup  
 Milk **9**

\*\*Yogurt Parfait w/ Granola  
 Veggies w/ Dip  
 \*\*Cheddar Goldfish Crackers  
 Fresh Fruit  
 Milk **10**

\*\*Pizza Lunch Pack  
 Veggies w/ Dip  
 \*\*Granola Bar  
 Fresh Fruit/Fruit Cup  
 Milk **11**

\*\*Turkey n Cheese Wrap  
 Veggies w/ Dip  
 \*\*Cereal Bar  
 Fresh Fruit/Fruit Cup  
 Milk **14**

\*\*Yogurt Parfait w/ Granola  
 Veggies w/ Dip  
 \*\*Cheddar Goldfish Crackers  
 Fresh Fruit  
 Milk Choice **15**

\*\*Nachos w/Cheese Lunch Pack  
 Veggies w/ Dip  
 \*\*WG Cookie  
 Fresh Fruit/Fruit Cup  
 Milk Choice **16**

\*\*Breakfast Lunch Pack (Hard Boiled Egg, Muffin, String Cheese)  
 Veggies w/ Dip  
 \*\*Cinnamon Goldfish Cracker  
 Fresh Fruit/Fruit Cup  
 Milk **17**

\*\*Pizza Lunch Pack  
 Veggies w/ Dip  
 \*\*Granola Bar  
 Fresh Fruit/Fruit Cup  
 Milk **18**

No School **21**

No School **22**

No School **23**

No School **24**

No School **25**

No School **28**

No School **29**

No School **30**

No School **31**

