

JANUARY 2019

Moreland Hills Elementary School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

1

No School

2

No School

3

No School

4

****Mini Corn Dogs**
Ketchup/Mustard
Baked Beans
Assorted Fruit Choice
Milk Choice

7

****Chicken Tenders w/
Pretzel Rod
BBQ Sauce
Steamed Green Beans
Assorted Fruit Choice
Milk Choice

8

****Sloppy Joe on
Bun**
Smile Fries
Assorted Fruit Choice
Milk Choice

9

****Beef Teriyaki Dippers**
Asian Rice
****Fortune cookie**
Seasoned Broccoli
Assorted Fruit Choice
Milk Choice

10

****Pepperoni or Cheese
Pizza**
Romaine Salad w/
Dressing
Assorted Fruit Choice
Milk Choice

11

****Popcorn Chicken w/
Breadstick
BBQ Sauce
Steamed Carrots
Assorted Fruit Choice
Milk Choice

14

****Meatballs w/
Gravy**
Mashed Potatoes
Veggie Juice
Breadstick
Assorted Fruit Choice
Milk Choice

15

Chef Choice

16

****Grilled Cheese
Sandwich**
Tomato Soup
Celery Sticks w/ Dip
Assorted Fruit Choice
Milk Choice

17

Pizza Hut Pizza
Pepperoni or Cheese
Romaine Salad w/
Dressing
Assorted Fruit Choice
Milk Choice

18

No School

21

****Macaroni n Cheese
Cookie
Steamed Broccoli
Assorted Fruit Choice
Milk Choice

22

****Mini Pancakes**
Syrup
Turkey Sausage Links (2)
Hashbrown Patty
Veggie Juice
Assorted Fruit Choice
Milk Choice

23

****Chicken Nuggets w/
Pretzel Rod
BBQ Sauce
Steamed Corn
Assorted Fruit Choice
Milk Choice

24

****Pepperoni or
Cheese Pizza**
Romaine Salad w/
Dressing
Assorted Fruit Choice
Milk Choice

25

****Cheeseburger on
Bun**
Lettuce/Tomato
Baked Beans
Assorted Fruit Choice
Milk Choice

28

****Bosco Cheesy
Breadsticks w/ Marinara**
Steamed Broccoli
Assorted Fruit Choice
Milk Choice

29

****Walking Taco w/
Doritos
Steamed Corn
Salsa
Assorted Fruit Choice
Milk Choice

30

****Cheese Ravioli w/
Meatsauce**
****Breadstick**
Steamed Green Beans
Assorted Fruit Choice
Milk Choice

31

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

A La Carte

Daily Entrée Offerings:

- **Turkey n Cheese Sand.
- **PB&J w/ Cheese stick and Goldfish Cracker
- **Chef Salad w/ Goldfish
- ** Yogurt Parfait

Daily Fruit and Vegetable

Bar Offerings:

- Apples
- Oranges
- Raisins
- Celery Sticks
- Romaine Lettuce
- Shredded Carrots
- Cucumbers
- Cherry Tomatoes
- Baby Carrots

** Denotes Whole Grain Product

Milk Choices:

- 1% White, Fat Free Chocolate,
- Fat Free Strawberry

School News

Lunch: \$3.00 Reduced: \$.40

Offer vs Serve: Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

Cindy Alekna,
Food Service Supervisor
216-831-8600 ext. 2261
calekna@orangeohs.org

This institution is an equal opportunity provider