

# MAY 2019



## Brady Middle and Orange High School Lunch Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### DID YOU KNOW...

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexicans over the French army at The Battle of Puebla in 1862.

**6**  
\*\*Meatballs w/ Gravy  
Mashed Potatoes  
Steamed Green Beans  
\*\*Roll  
Assorted Fruit Choice  
Milk Choice

**7**  
\*\*Chicken Tenders w/  
Pretzel Rod  
Baked Beans  
Assorted Fruit Choice  
Milk Choice

**1**  
\*\*BBQ Beef Rib Patty on  
Bun  
Baked Beans  
Assorted Fruit Choice  
Milk Choice

**2**  
Chef Choice

**3**  
\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

**13**  
\*\*Beef Hotdog on  
Bun  
Baked Beans  
Assorted Fruit Choice  
Milk Choice

**14**  
\*\*Chicken Nuggets w/  
Pretzel Rod  
Seasoned Carrots  
Assorted Fruit Choice  
Milk Choice

**8**  
\*\*Pepperoni or  
Cheese Calzone  
Marinara Sauce  
Seasoned Carrots  
Assorted Fruit Choice  
Milk Choice

**9**  
\*\*Macaroni n  
Cheese  
\*\*Cookie  
Steamed Broccoli  
Assorted Fruit Choice  
Milk Choice

**10**  
\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

**20**  
\*\*Fiestada  
(Mexican Pizza)  
Refried Beans  
Salsa  
Assorted Fruit Choice  
Milk Choice

**15**  
\*\*Walking Taco w/  
Doritos  
Spanish Rice  
Refried Beans  
Salsa  
Assorted Fruit Choice  
Milk Choice

**16**  
Chef Choice

**17**  
Pizza Hut  
Pepperoni or Cheese  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

**27**  
No School

**21**  
\*\*Bosco Cheesy  
Breadsticks w/ Marinara  
Steamed Broccoli  
Assorted Fruit Choice  
Milk Choice

**22**  
Chef Choice

**23**  
\*\*French Toast w/  
Syrup  
Turkey Sausage Links (2)  
Tator Tots  
Assorted Fruit Choice  
Milk Choice

**24**  
\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

**28**  
\*\*Chicken Tenders w/  
Breadstick  
Steamed Carrots  
Assorted Fruit Choice  
Milk Choice

**29**  
Chef Choice

**30**  
\*\*Mozzarella Sticks w/  
Marinara  
Seasoned Broccoli  
Assorted Fruit Choice  
Milk Choice

**31**  
Pizza Hut Pizza  
Pepperoni or Cheese  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

### A La Carte

#### Daily Entrée Offerings:

\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and  
Goldfish Cracker  
\*\*Chef Salad w/ Goldfish  
\*\*Veggie Burger  
\*\*Yogurt Parfait

**MWF**- Crispy/Spicy Chicken  
Sandwich

**T TH**- Cheeseburger/Hamburger

#### Daily Fruit and Vegetable Offerings:

Apples  
Oranges  
Raisins  
Assorted Canned Fruit  
Applesauce Cups  
Baby Carrots w/ Hummus

\*\* Denotes Whole Grain Product  
**Milk Choices:** FF Chocolate, FF  
Strawberry, 1% White, and Skim

### School News

*BMS Lunch \$3.20*  
*OHS Lunch \$3.25*  
*Reduced: \$.40*

Offer vs Serve: Students must  
take at least 3 of the 5 lunch  
components with one being a  
fruit or vegetable for a "Lunch  
Meal".

Nutrition Information is available  
upon request

Contact the Food Service  
Department with any questions.

**Cindy Alekna, Food Service  
Supervisor**  
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*This institution is an equal  
opportunity provider.*