

# NOVEMBER 2018

## Brady Middle and Orange High School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

BMS Early Dismissal 1

\*\*Popcorn Chicken w/  
Pretzel Rod  
Steamed Carrots  
Assorted Fruit Choice  
Milk Choice

No School 2

No School 2

5  
\*\*Beef Hotdog on  
Bun  
Baked Beans  
Assorted Fruit Choice  
Milk Choice

6  
\*\*Walking Taco w/  
Doritos  
Spanish Rice  
Steamed Corn  
Salsa  
Assorted Fruit Choice  
Milk Choice

7  
\*\* BBQ Beef Rib  
Sandwich  
Seasoned Green beans  
Assorted Fruit Choice  
Milk Choice

8  
Chef Choice

9  
Pizza Hut Pizza  
Pepperoni or Cheese  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

12  
\*\*Meatball Sub w/  
Mozarella  
Baked Beans  
Assorted Fruit Choice  
Milk Choice

13  
\*\*Corn Dog  
Tator Tots  
Assorted Fruit Choice  
Milk Choice

14  
\*\*Pepperoni or Cheese  
Calzone w/  
Marinara  
Steamed Broccoli  
Assorted Fruit Choice  
Milk Choice

15  
*Holiday Lunch*  
"Fried" Chicken  
Corn Bread  
Seasoned Green Beans  
Assorted Fruit Choice  
Milk Choice

16  
\*\*Pepperoni or Cheese  
Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

19  
\*\*Beef Fiestada  
"Mexican Pizza"  
Refried Beans  
Salsa  
Assorted Fruit Choice  
Milk Choice

20  
\*\*Chicken Tenders w/  
Pretzel Rod  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

21  
No School

22  
No School

23  
No School

26  
\*\*Chili w/ Beans  
Corn Bread  
Seasoned Carrots  
Assorted Fruit Choice  
Milk Choice

27  
\*\*Bosco Cheesy  
Breadsticks w/ Marinara  
Steamed Broccoli  
Assorted Fruit Choice  
Milk Choice

28  
\*\*Macaroni n Cheese  
\*\*Cookie  
Steamed Green Beans  
Assorted Fruit Choice  
Milk Choice

29  
\*\*Chicken Nuggets w/  
Bread Stick  
Steamed Corn  
Assorted Fruit Choice  
Milk Choice

30  
Pizza Hut Pizza  
Pepperoni or Cheese  
Romaine Salad w/  
Dressing  
Assorted Fruit Choice  
Milk Choice

### A La Carte

#### Daily Entrée Offerings:

\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and  
Goldfish Cracker  
\*\*Chef Salad w/ Goldfish  
\*\* Veggie Burger  
\*\*Yogurt Parfait

**MWF**- Crispy/Spicy Chicken  
Sandwich

**T TH**- Cheeseburger/Hamburger

#### Daily Fruit and Vegetable Offerings:

Apples  
Oranges  
Raisins  
Assorted Canned Fruit  
Applesauce Cups  
Baby Carrots w/ Hummus

\*\* Denotes Whole Grain Product

**Milk Choices:** FF Chocolate, FF  
Strawberry, 1% White, and Skim

### School News

*BMS Lunch \$3.20*  
*OHS Lunch \$3.25*  
*Reduced: \$.40*

Offer vs Serve: Students must  
take at least 3 of the 5 lunch  
components with one being a  
fruit or vegetable for a "Lunch  
Meal".

Nutrition Information is available  
upon request

Contact the Food Service  
Department with any questions.

Cindy Alekna, Food Service  
Supervisor

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*This institution is an equal  
opportunity provider.*