

September 2019

Moreland Hills Elementary School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	** Chicken Tenders w/ Pretzel Rod BBQ Sauce Steamed Carrots Assorted Fruit Choice Milk Choice 3	*Mini Pancakes w/ syrup Turkey Sausage Links (2) Hashbrown Patty Veggie Juice Assorted Fruit Choice Milk Choice 4	Mini Cheese Ravioli w/ Marinara Sauce **Garlic Bread Steamed Broccoli Assorted Fruit Choice Milk Choice 5	Pizza Hut Pizza Pepperoni or Cheese Romaine Salad w/ Dressing Assorted Fruit Choice Milk Choice 6
**Cheeseburger on Bun Lettuce/Tomato Baked Beans Assorted Fruit Choice Milk Choice 9	**Bosco Cheesy Breadsticks w/ Marinara Steamed Broccoli Assorted Fruit Choice Milk Choice 10	**Chicken Drumstick BBQ Sauce **Breadstick Steamed Carrots Assorted Fruit Choice Milk Choice 11	**Cheese Quesadilla Salsa Seasoned Corn Fruit Sorbet Milk Choice 12	**Pepperoni or Cheese Pizza Romaine Salad w/Dressing Assorted Fruit Choice Milk Choice 13
**Chicken Patty on Bun Lettuce/Tomato Steamed Green Beans Assorted Fruit Choice Milk Choice 16	**Walking Taco w/ Doritos Refried Beans Salsa Assorted Fruit Choice Milk Choice 17	**Macaroni n Cheese **Cookie Seasoned Broccoli Assorted Fruit Choice Milk Choice 18	**Chicken Nuggets w/ Pretzel Rod BBQ Sauce Seasoned Corn Assorted Fruit Choice Milk Choice 19	Domino's Pizza Pepperoni or Cheese Romaine Salad w/ Dressing Assorted Fruit Choice Milk Choice 20
**Corn Dog Ketchup/Mustard Baked Beans Assorted Fruit Choice Milk Choice 23	**Popcorn Chicken w/ Breadstick Steamed Carrots Assorted Fruit Choice Milk Choice 24	**Sloppy Joe on Bun Tator Tots Ketchup Assorted Fruit Choice Milk Choice 25	Tangerine Chicken w/ Rice **Fortune Cookie Seasoned Broccoli Assorted Fruit Choice Milk Choice 26	**Pepperoni or Cheese Pizza Romaine Salad w/Dressing Assorted Fruit Choice Milk Choice 27

No School **30**

Did You Know?

September was the seventh month of the original Roman calendar. This is where it got its name which means seventh. Later, when January and February were added to the calendar it became the ninth month.

A La Carte

Daily Entrée Offerings:
 **Turkey n Cheese Sand.
 **PB&J w/ Cheese stick and Goldfish Cracker
 **Chef Salad w/ Goldfish
 **Yogurt Parfait

Daily Fruit and Vegetable Bar Offerings:
 Apples
 Oranges
 Raisins
 Celery Sticks
 Romaine Lettuce
 Shredded Carrots
 Cucumbers
 Cherry Tomatoes
 Baby Carrots
 ** Denotes Whole Grain Product
Milk Choices:
 1% White, 1% Chocolate, Fat Free
 Strawberry

School News

Lunch: \$3.00 Reduced: \$.40

Offer vs Serve: Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

Cindy Alekna SNS
 Food Service Supervisor
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