

# September 2019

## Brady Middle and Orange High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
No School <b>2</b>	** Chicken Nuggets w/ Pretzel Rod Steamed Green Beans Assorted Fruit Choice Milk Choice <b>3</b>	*Beef n Bean Burrito Or Bean and Cheese Burrito Salsa Refried Beans Assorted Fruit Choice Milk Choice <b>4</b>	**Macaroni n Cheese ** Cookie Steamed Broccoli Assorted Fruit Choice Milk Choice <b>5</b>	Domino's Pizza Pepperoni or Cheese Romaine Salad w/ Dressing Assorted Fruit Choice Milk Choice <b>6</b>
**Beef Hotdog on Bun Baked Beans Assorted Fruit Choice Milk Choice <b>9</b>	**Bosco Cheesy Breadsticks w/ Marinara Steamed Broccoli Assorted Fruit Choice Milk Choice <b>10</b>	***Meatball Sub Seasoned Carrots Assorted Fruit Choice Milk Choice <b>11</b>	**Popcorn Chicken w/ Breadstick Seasoned Corn Veggie Juice Assorted Fruit Choice Milk Choice <b>12</b>	**Pepperoni French Bread Cheese French Bread Romaine Salad w/Dressing Assorted Fruit Choice Milk Choice <b>13</b>
**Corn Dog Tator Tots Assorted Fruit Choice Milk Choice <b>16</b>	**Walking Taco w/ Doritos Spanish Rice Refried Beans Salsa Assorted Fruit Choice Milk Choice <b>17</b>	**BBQ Beef Rib Sandwich Seasoned Broccoli Assorted Fruit Choice Milk Choice <b>18</b>	**Chicken Tenders w/ Pretzel Rod Steamed Carrots Fruit Choice Milk Choice <b>19</b>	Pizza Hut Pizza Pepperoni or Cheese Romaine Salad w/ Dressing Assorted Fruit Choice Milk Choice <b>20</b>
**Mozzarella Sticks w/ Marinara Sauce Steamed Broccoli Assorted Fruit Choice Milk Choice <b>23</b>	**Grilled Chicken on Pretzel Roll Lettuce/Tomato Seasoned Corn Assorted Fruit Choice Milk Choice <b>24</b>	**Sloppy Joe on Bun Baked Beans Assorted Fruit Choice Milk Choice <b>25</b>	**Sweet n Sour Chicken w/ Rice **Fortune Cookie Steamed Pea Pods Assorted Fruit Choice Milk Choice <b>26</b>	**Double Stuff Pepperoni Pizza or Cheesy Garlic Flatbread Romaine Salad w/ Dressing Assorted Fruit Choice Milk Choice <b>27</b>

No School **30**

### Did You Know?

September was the seventh month of the original Roman calendar. This is where it got its name which means seventh. Later, when January and February were added to the calendar it became the ninth month.

### A La Carte

- Daily Entrée Offerings:**  
 \*\*Turkey n Chee **Daily Entrée Offerings:**  
 \*\*Turkey n Cheese Sand.  
 \*\*PB&J w/ Cheese stick and Goldfish Cracker  
 \*\*Chef Salad w/ Goldfish  
 \*\* Veggie Burger  
 \*\*Yogurt Parfait  
**MWF**- Crispy/Spicy Chicken Sandwich  
**T TH**- Cheeseburger/Hamburger  
**Daily Fruit and Vegetable Offerings:**  
 Apples  
 Oranges  
 Raisins  
 Assorted Canned Fruit  
 Applesauce Cups  
 Baby Carrots w/ Hummus  
 \*\* Denotes Whole Grain Product  
**Milk Choices:** 1% Chocolate, FF Strawberry, 1% White

### School News

*BMS Lunch \$3.20*  
*OHS Lunch \$3.25*  
*Reduced: \$.40*

Offer vs Serve: Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

**Cindy Alekna SNS, Food Service Supervisor**  
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*This institution is an equal opportunity provider.*