

# December 2021

## Moreland Hills Elementary Lunch

### Monday

**Did you know?**  
The first day of winter is on either December 21 or 22 - it is the shortest day of the year and the longest night.

**6**  
\*\*Macaroni n Cheese  
\*\*Cookie  
Steamed Broccoli  
Assorted Fruit  
Milk Choice

**13**  
\*\*Grilled Cheese Sandwich  
\*Tomato Soup  
Assorted Fruit  
Milk Choice

**20**  
\*\*Chicken Patty on Bun  
Steamed Carrots  
Assorted Fruit  
Milk Choice

**27**  
No School

### Tuesday

**7**  
\*\*Mini Pancakes w/Turkey Sausage  
Tator Tots  
Assorted Fruit  
Milk Choice

**14**  
\*\*Meatballs w/ Marinara  
\*\*Gar. Brdstick  
Steamed Broccoli  
Assorted Fruit  
Milk Choice

**21**  
\*\*Fiestada (Mexican Pizza)  
Refried Beans  
Salsa  
Assorted Fruit  
Milk Choice

**28**  
No School

### Wednesday

**1**  
\*\*Cheese Lasagna Rollups  
\*\*Breadstick  
Green Beans  
Assorted Fruit  
Milk Choice

**8**  
Chef Choice

**15**  
\*\*"Fried" Chicken Drums  
Dinner Roll  
Mashed Potatoes  
Assorted Fruit  
Milk Choice

**22**  
\*\*Hotdog on Bun  
Smile Fries  
Assorted Fruit  
Milk Choice

**29**  
No School

### Thursday

**2**  
\*\*Cheeseburger on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice

**9**  
\*\*Chicken Nuggets w/ Breadstick  
Seasoned Peas  
Assorted Fruit  
Milk Choice

**16**  
\*\*Mini Corn Dogs  
Ketchup/Mustard  
Baked Beans  
Assorted Fruit  
Milk Choice

**23**  
No School

**30**  
No School

### Friday

**3**  
\*\*Pepperoni or Cheese Pizza  
Romaine Salad w/ Dressing  
Assorted Fruit  
Milk Choice

**10**  
\*\*Pepperoni or Cheese Pizza  
Romaine Salad w/ Dressing  
Assorted Fruit  
Milk Choice

**17**  
Pizza Hut Pizza  
Pepp. or Cheese  
Romaine Salad w/Dressing  
Assorted Fruit  
Milk Choice

**24**  
No School

**31**  
No School

**Daily Entrée Offerings:**  
\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and Goldfish Cracker  
\*\*Chef Salad w/ Crackers  
\*\*Yogurt Parfait  
**\*\*\*All entrees can be substituted for the menu entrée to make a lunch meal**

**Daily Fruit and Vegetable Offerings:**  
Apples  
Oranges  
Raisins  
Baby Carrots  
\*\* Denotes Whole Grain Product  
**Milk Choices:**  
1% White, 1% Chocolate, Fat Free Strawberry  
**\*\*\*Menus subject to change due to availability**

## School Info

Lunch Meals are free for all Students

Offer vs Serve: **Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".**

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

**Cindy Alekna SNS, Food Service Supervisor**  
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