

# JANUARY 2022

## Moreland Hills Elementary Lunch

### Monday

3

No School

### Tuesday

4

No School

### Wednesday

5

**\*\*Bosco Sticks w/  
Marinara  
Green Beans  
Assorted Fruit  
Milk Choice**

### Thursday

6

**\*\*Chicken  
Nuggets w/  
Breadstick  
Seasoned Peas  
Assorted Fruit  
Milk Choice**

### Friday

7

**\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice**

10

**\*\*Grilled Cheese  
w/ Tom. Soup  
Assorted Fruit  
Milk Choice**

11

**\*\*Popcorn  
Chicken w/  
Pretzel  
Steamed Carrots  
Assorted Fruit  
Milk Choice**

12

**\*\*Meatballs w/  
Marinara  
\*\*Gar. Breadstick  
Steamed Broccoli  
Assorted Fruit  
Milk Choice**

13

**\*\*Mini Corn Dogs  
Ketchup/Mustard  
Baked Beans  
Assorted Fruit  
Milk Choice**

14

**Pizza Hut Pizza  
Pepp. Or Cheese  
Romaine Salad  
Assorted Fruit  
Milk Choice**

17

No School

18

**\*\*Mini Pancakes  
w/ Turkey saus  
Links  
Tator Tots  
Assorted Fruit  
Milk Choice**

19

Chef Choice

20

**\*\*Hotdog on Bun  
Smile Fries  
Assorted Fruit  
Milk Choice**

21

**\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice**

24

**\*\*Chicken Patty  
on Bun  
Steamed Carrots  
Assorted Fruit  
Milk Choice**

25

**\*\*Taco Sticks w/  
Salsa  
Steamed Corn  
Assorted Fruit  
Milk Choice**

26

**\*\*Cheese Lasagna  
Rollups  
\*\*Breadstick  
Green Beans  
Assorted Fruit  
Milk Choice**

27

**\*\*Cheeseburger  
on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice**

28

**\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice**

31

**\*\*Macaroni n  
Cheese  
\*\*Cookie  
Steamed Broccoli  
Assorted Fruit  
Milk Choice**

## DID YOU KNOW?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

### Daily Entrée Offerings:

**\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and  
Goldfish Cracker  
\*\*Chef Salad w/ Crackers  
\*\* Yogurt Parfait**

**\*\*\*All entrees can be  
substituted for the menu  
entrée to make a lunch meal**

### Daily Fruit and Vegetable Offerings:

Apples  
Oranges  
Raisins  
Baby Carrots  
**\*\* Denotes Whole Grain Product**

### Milk Choices:

1% White, 1% Chocolate, Fat  
Free Strawberry

**\*\*\*Menus subject to  
change due to availability**

## School Info

Lunch Meals are free for all  
Students

Offer vs Serve: **Students must  
take at least 3 of the 5 lunch  
components with one being a  
fruit or vegetable for a "Lunch  
Meal".**

Nutrition Information is available  
upon request

Contact the Food Service  
Department with any questions.

**Cindy Alekna SNS, Food  
Service Supervisor**  
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*This institution is an equal  
opportunity provider*