

# October 2021

## Moreland Hills Elementary Lunch

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



**1**  
\*\*Pepperoni or Cheese Pizza  
Romaine Salad w/ Dressing  
Assorted Fruit  
Milk Choice

**4**  
\*\*Bosco Sticks w/ Marinara Sauce  
Seasoned Broccoli  
Assorted Fruit  
Milk Choice

**5**  
\*\*Taco Sticks w/ Salsa  
Steamed Corn  
Assorted Fruit  
Milk Choice

**6**  
\*\*Cheese Lasagna Rollups  
\*\*Dinner Roll  
Green Beans  
Assorted Fruit  
Milk Choice

**7**  
\*Cheeseburger on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice

**8**  
No School

**11**  
\*\*Macaroni n Cheese  
\*\*Cookie Broccoli  
Assorted Fruit  
Milk Choice

**12**  
Mini Waffles w/ T. Sausage Links  
Star Shaped Hashbrowns  
Assorted Fruit  
Milk Choice

**13**  
\*\*Pepperoni Calzone w/ Marinara  
Seasoned Carrots  
Assorted Fruit  
Milk Choice

**14**  
\*\*Chicken Nuggets w/ Breadstick  
Steamed Peas  
Assorted Fruit  
Milk Choice

**15**  
\*\*Pepperoni or Cheese Pizza  
Romaine Salad w/ Dressing  
Assorted Fruit  
Milk Choice

**18**  
\*\*Grilled Cheese Sandwich  
Smile Fries  
Assorted Fruit  
Milk Choice

**19**  
Meatballs w/ Marinara  
\*\*Gar. Breadstick  
Steamed Broccoli  
Assorted Fruit  
Milk Choice

**20**  
\*\*Chicken Tenders w/ Cornbread  
Green beans  
Assorted Fruit  
Milk Choice

**21**  
\*\*Mini Corn Dogs  
Baked Beans  
Assorted Fruit  
Milk Choice

**22**  
Pizza Hut Pepperoni or Cheese Pizza  
Romaine Salad  
Assorted Fruit  
Milk Choice

**25**  
\*\*Chicken Patty on Bun  
Steamed Carrots  
Assorted Fruit  
Milk Choice

**26**  
\*\*Fiestada (Mexican Pizza)  
Seasoned Corn  
Assorted Fruit  
Milk Choice

**27**  
\*\*Beef Hot Dog on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice

**28**  
\*\*Popcorn Chicken w/ Fritos  
Broccoli  
Assorted Fruit  
Milk Choice

**29**  
\*\*Pepperoni or Cheese Pizza  
Romaine Salad w/ Dressing  
Assorted Fruit  
Milk Choice

**Daily Entrée Offerings:**  
\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and Goldfish Cracker  
\*\*Chef Salad w/ Crackers  
\*\* Yogurt Parfait  
\*\*\*All entrees can be substituted for the menu entrée to make a lunch meal

**Daily Fruit and Vegetable Offerings:**  
Apples  
Oranges  
Raisins  
Baby Carrots  
\*\* Denotes Whole Grain Product  
**Milk Choices:**  
1% White, 1% Chocolate, Fat Free Strawberry

**\*\*\*Menus subject to change due to availability**

### School Info

Lunch Meals are free for all Students

Offer vs Serve: **Students must take at least 3 of the 5 lunch components with one being a fruit or vegetable for a "Lunch Meal".**

Nutrition Information is available upon request

Contact the Food Service Department with any questions.

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