

# September 2021

## Orange High and Brady Middle Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

There are more pop and classic songs with "September" in the title than any other month!

**1**  
\*\*BBQ Beef Rib  
on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice

**2**  
\*\*Chicken  
Nuggets w/  
Fritos  
Broccoli  
Assorted Fruit  
Milk Choice

**3**  
Pizza Hut Pizza  
Pepperoni or Cheese  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice

### A La Carte

\*\*Turkey n Cheese Sand.  
\*\*PB&J w/ Cheese stick and  
Goldfish Cracker  
\*\*Chef Salad w/ Crackers  
\*\*Veggie Burger—Available  
upon request  
\*\*Yogurt Parfait  
MWF- Crispy/Spicy Chicken  
Sandwich  
T TH- Cheeseburger/Hamburger  
**Daily Fruit and Vegetable  
Offerings:**  
Apples  
Oranges  
Raisins  
Assorted Canned Fruit  
Applesauce Cups  
Baby Carrots  
\*\* Denotes Whole Grain Product  
**Milk Choices:** 1% Chocolate,  
FF Strawberry, 1% White

### School Info

Lunch Meals are free for all  
Students

Offer vs Serve: **Students must  
take at least 3 of the 5 lunch  
components with one being a  
fruit or vegetable for a "Lunch  
Meal".**

Nutrition Information is available  
upon request

Contact the Food Service  
Department with any questions.

**Cindy Alekna SNS, Food  
Service Supervisor**  
216-831-8600 ext. 2261  
calekna@orangecsd.org

*This institution is an equal  
opportunity provider.*

**6**

No School

**7**

No School

**8**

\*\*Grilled Cheese  
Sandwich  
Smile Fries  
Assorted Fruit  
Milk Choice

**9**

\*\*Popcorn  
Chicken w/  
Pretzel  
Steamed Carrots  
Assorted Fruit  
Milk Choice

**10**

\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice

**13**

\*\*Macaroni n  
Cheese  
\*\*Cookie  
Broccoli  
Fruit Choice  
Milk Choice

**14**

\*\*Fiestada  
Refried Beans  
Salsa  
Fruit Choice  
Milk Choice

**15**

Meatballs w/  
Marinara  
\*\*Garlic Breadstick  
Green Beans  
Fruit Choice  
Milk Choice

**16**

No School

**17**

No School

**20**

\*\*Sloppy Joe on  
Bun  
Baked Beans  
Fruit Choice  
Milk Choice

**21**

\*\*Chicken  
Tenders w/  
Cornbread  
Green Beans  
Assorted Fruit  
Milk Choice

**22**

\*\*Cheese Lasagna  
Roll up w/  
Garlic Bread  
Broccoli  
Assorted Fruit  
Milk Choice

**23**

\*\*T. Ham n  
Cheese Pocket  
Smile Fries  
Assorted Fruit  
Milk Choice

**24**

\*\*Pepperoni or  
Cheese Pizza  
Romaine Salad w/  
Dressing  
Assorted Fruit  
Milk Choice

**27**

\*\*Corn Dog  
Tator Tots  
Assorted Fruit  
Milk Choice

**28**

\*\*Taco Bowl w/  
Doritos  
Steamed Corn  
Assorted Fruit  
Milk Choice

**29**

\*\*BBQ Beef Rib  
on Bun  
Baked Beans  
Assorted Fruit  
Milk Choice

**30**

\*\*Chicken  
Nuggets w/  
Fritos  
Broccoli  
Assorted Fruit  
Milk Choice